FASTING INSTRUCTIONS FOR LABORATORY STUDIES

YOUR PHYSICIAN HAS ORDERED LABORATORY STUDIES THAT REQUIRE YOU TO BE FASTING. PLEASE REVIEW THE FOLLOWING INSTRUCTIONS:

* YOU CANOT HAVE ANYTHING TO EAT FOR AT LEAST 10 HOURS PRIOR TO HAVING YOUR BLOOD DRAWN.
* YOU MAY HAVE WATER OR BLACK COFFEE.
* PLEASE ASK YOUR PHYSICIAN ABOUT TAKING YOUR MEDICATIONS.

Please call the laboratory @ 717-273-6706 x146 for any questions.