URINE OSTEOMARK COLLECTION INSTRUCTIONS

COLLECT URINE IN THE CONTAINER PROVIDED TO YOU.

**COLLECT THE 2ND VOIDED MORNING SPECIMEN. DO NOT USE THE FIRST MORNING SPECIMEN.**

KEEP SPECIMEN REFRIGERATED UNTIL YOU CAN BRING THEM TO THE LAB. IT IS PREFERRED THAT YOU DELIVER YOUR SPECIMEN THE SAME DAY OF COLLECTION.

YOU WILL NEED TO SIGN-IN WHEN YOU RETURN WITH THE SPECIMEN. THIS SERVES AS A RECORD THAT THE COLLECTION WAS RECEIVED BY THE LAB.

Please call the laboratory @ 717-273-6706 x146 for any questions.